

Windsor and District Labour Council's 2nd Annual



Health & Safety Conference

Exploring History to Educate and Motivate for Safer Workplaces (continued)

Sunday, November 20 – Tuesday November 22, 2016

Best Western Plus Leamington Hotel and Conference Centre (formerly Pelee Motor Inn)

Tentative Agenda:

Sunday November 20th

1 - 5 pm Welcome, Plenary and Workshops
6:30 pm Dinner
9 pm Solidarity Social

Monday November 21st

7:30 am Breakfast
9 am – noon Workshops
12 – 1 pm Lunch
1 – 4 pm Workshops
6:30 pm Dinner
9 pm Solidarity Social

Tuesday November 22nd

7:30 am Breakfast
9 am – noon Workshops
12 - 1 pm Conference wrap-up with lunch

For More Info:



wdlcHealthAndSafety.webs.com



facebook.com/wdlcHealthAndSafety



[@WDLC_HandS](https://twitter.com/WDLC_HandS)



WDLC.HandS@gmail.com



John Arnold (519) 383-5144

Registration: Includes 2 nights accommodation, meals from Sunday dinner to Tuesday lunch

Fees: \$399 inclusive of all taxes

\$375 Retirees & Earlybird Rate by Sept 1

Cheques payable to: WDLC

Mail the bottom of this form and payment to:

WDLC H&S Conference

Partial registration pricing available on request.

200-3450 Ypres, Windsor, Ontario, N8W 5K9

Reserve your hotel room requesting the conference rate: peleemotorinnhotel.com (519) 326-8646

NAME _____ PHONE Home (____) _____

E-MAIL ADDRESS _____ PHONE Other (____) _____

☐ Student ☐ Injured Worker ☐ Unemployed ☐ Non-Unionized ☐ Unionized Worker

UNION _____ LOCAL _____ EMPLOYER _____

Indicate any dietary restrictions or accessibility/accommodations: _____

Please rank workshop choices 1 to 4 (include a total of 12 hours for workshops, with alternates)

___ Facing Management Effectively (12h)

___ ODRT - WSIB Level 1 (12h)

___ WHSC - Ergonomic Principles Part 1 (6h)

___ WHSC - Documenting Health and Safety (3h)

___ WHSC - Applying Ergo Principles Part 2 (6h)

and WHSC - Violence and Harassment (3h)

___ WHSC - Occupational Hygiene (6h)

WDLC H&S Conference Workshop Topics 2016

Facing Management Effectively (12 hours)

This course will look at economic, political, and social forces at play between union and management. It will examine the roles and rights of each group and the different types of union/management relationships and styles. We will look at the power, bias, and privilege dynamics between union and management and how we can communicate effectively. We will focus on problem solving – understanding issues, developing strategies, finding and presenting facts and argument, finding areas of agreement, building solutions, implementing and maintaining solutions. Participants can expect lots of participation, interaction, and role-plays along with practical skills and tools for communication, analysis, strategy, and critical thinking.

ODRT (Occupational Disability Response Team)

WSIB Level 1: Rights and Obligations (12 hours)

This introductory course begins by exploring the history of the compensation system in Ontario and the development of compensation legislation and the general principles of the system. Participants will learn how the Workplace Safety and Insurance Board (WSIB) determines whether an injury is compensable and learn about some workplace injuries and occupational illnesses. The course covers how to properly file a claim, and includes the timelines that are applicable.

Worker and Employer obligations are covered as well as roles and responsibilities with respect to work reintegration. The WSIB work reintegration policies are discussed and the new direction that the Board is taking with respect to returning workers to their pre-injury job with the injury employer.

Shared responsibilities are also discussed and ways in which unions should participate in work reintegration are explored. Leading research shows that a collaborative and cooperative approach to work reintegration following the hierarchy of jobs, beginning with pre-injury job, leads to better outcomes for both workers and employers. Protections under other legislation are also discussed should a work reintegration plan not provide sufficient protection to a worker in a work reintegration plan.

Finally, participants discuss how to effectively implement the new skills that have been acquired through this course and what additional resources are available.

Workers Health and Safety Centre - Ergonomics

Part 1 - Ergonomics: Injuries, Risk Factors and Design Principles (6 hours)

This program helps participants to better understand how work can damage the musculoskeletal system and why. Equally important, participants will discuss how work and the work environment can be designed or redesigned to prevent musculoskeletal disorders (MSDs) the most common classification of occupational injury suffered by workers today.

Participants will discuss the muscles, tendons and other parts of the musculoskeletal system and how they are used to perform both dynamic (i.e. lifting and carrying) and static (i.e. sitting) work. They will then explore how this work can translate into fatigue, pain and other tell-tale symptoms and signs of more chronic and debilitating MSDs to come. Examples of MSDs ranging from back injuries to tendonitis are identified. Risk factors responsible for the development of MSDs are identified including repetition, force and posture required to perform work. Interactive discussions will also focus on design issues related to workstations, equipment, tools and manual material handling. Work organization issues such as hours of work and inadequate rest breaks are also discussed.

Participants will then explore examples of workplace solutions and strategies needed to end the MSD epidemic. They will discuss the principle of designing work to fit the needs of workers and the field of study commonly referred to as ergonomics. Relevant legislation is reviewed and additional resources are identified including the MSD prevention series developed by the Ontario Health and Safety Council of Ontario (OHSCO). The program is concluded by highlighting the need for active involvement of all workplace parties when applying ergonomic principles to the workplace.

Part 2 - Ergonomics: Applying Prevention Principles at Work (6 hours)

This program builds on the knowledge obtained from the program entitled, Ergonomics: Injuries, Risk Factors and Design Principles. The information presented helps prepare participants to play a more hands-on role in the prevention of MSIs. The program begins with an introduction to ergonomics and a detailed review of relevant legislation, its shortfalls and the characteristics of work and the workplace responsible for the development of these disorders.

Participants then take a more detailed look at the science of designing work for workers. They will look at specific ergonomic assessment tools including Anthropometric and Snook tables. Specific workplace examples are used throughout the discussion to aid in the learning process.

NOTE: The WHSC recommends those enrolling in this program already possess a sound base of knowledge about MSDs and ergonomic prevention principles. This knowledge can be obtained by participating in the Ergonomics: Injuries, Risk Factors and Design Principles training program.

Workers Health and Safety Centre - Occupational Hygiene (6 hours)

This program is designed for workers who may be involved with air sampling in their workplace, especially joint health and safety committee members. The program provides participants with basic knowledge of hygiene monitoring, the pros and cons of monitoring, the questions they will need to ask when developing a strategy for hygiene monitoring, and types of sampling methods. It informs participants of the rights of joint health and safety committee where sampling is necessary.

Workers Health and Safety Centre - Documenting Health and Safety (3 hours)

Workers need a way to ensure their health and safety at work is taken seriously, that it is protected and addressed in a systematic and timely fashion. The WHSCs three-hour program, Documenting Health and Safety is a hands-on, jump-start documenting system developed in response to this need. Participants will examine six basic areas: (1) why documenting health and safety is critical, (2) ways to document, (3) specific types of documents to use (4) what to document (5) when to document, and (6) how to organize their documents.

Participants are introduced to various forms and reports in workplace settings. They quickly discover how these forms work together to ensure health and safety issues are tracked from start to finish. Participants take part in a work refusal and sit in on a JHSC meeting to practice their note taking skills while listening to interactive audio-led worksheets.

Hard copy forms, reports and various documents in the participant's manual are perforated and provide easy access. These documents can be used as master templates, copied or modified as necessary. They are also accessible as interactive pdfs. Participants can apply what they learn as soon as they return to their jobs. Documenting health and safety raises the profile of workplace health and safety. With a strong, reliable, documenting system, neither issues nor workers will fall through the cracks.

Workers Health and Safety Centre - Violence and Harassment (3 hours)

This module is designed to help workplace parties address workplace violence hazards and comply with the legal requirements of the Occupational Health and Safety Act to address violence and harassment in the workplace as outlined by Bill 168.

Participants will review the definition of workplace violence and harassment and discuss risk factors associated with workplace violence. They will also evaluate tools necessary to identify and assess workplace violence hazards in order to implement effective control measures.

Participants will develop the knowledge necessary to help them fulfill OHSA's requirements including developing and posting written policies with respect to workplace violence, conducting a risk assessment, developing a workplace violence and harassment program and training workers regarding the workplace policies and programs. They will also learn about the employer's duty to observe for evidence of domestic violence and to provide information about "a person with a history of violent behaviour."