Workshop: Developing a new Musculoskeletal Disorders (MSD) Prevention Guide for Ontario

Hosted by the Centre of Research Expertise for the Prevention of Musculoskeletal Disorders (CRE-MSD) June 19th 2017

CHSI Conference Centre – 5110 Creekbank Road, Mississauga, Ontario (Near Pearson International)

What is the Workshop about?

The Workshop's purpose is to:

- 1. Give an overview of the draft *Musculoskeletal Disorders (MSD) Prevention Guide for Ontario* approach and example content prior to main content creation and testing
- 2. Receive feedback and guidance on the overall approach taken
- 3. Receive feedback and guidance on the technical content and prototype website organization

What is the Project about?

Musculoskeletal Disorders, such as low back pain, shoulder tendinitis and carpal tunnel syndrome, are a major cause of pain and disability at work. Building on previous work, the *Centre of Research Expertise for the Prevention of Musculoskeletal Disorders (CRE-MSD)* is leading the two-year project to develop a new Ontario MSD Prevention Guide.

- Evaluate the current Guideline, determine workplaces' needs for prevention, and synthesize best practices with respect to MSD prevention;
- Develop the new prevention guide content and selected draft materials; and,
- Test the content of the new guide and materials with workplaces.

What is the progress to date?

We have performed literature reviews, surveyed stakeholders, visited multiple small businesses, and interviewed multiple stakeholders. There is emerging consensus about many issues. We have a proposed organization of the Guide and we are developing drafts of the guide structure and contents.

Who should attend?

The Guideline will be of interest to many workplace stakeholders, including: Workers and workers' representatives, business and business associations, the Ontario Health and Safety system, Health and Safety professionals and Government. In order to get good representation from the different stakeholder groups, and keep the size small enough to retain a workshop structure, we are setting aside 15 places for each major stakeholder group but we welcome participation in the conference from all stakeholders, up to a maximum of 80people.

Do I have to register?

Attendance is complementary but we would like you to register. A registration page has been created on the CRE-MSD website. If you cannot attend, you can have a delegate or replacement attend. Please go to the CRE-MSD website to register: <u>https://uwaterloo.ca/centre-of-research-expertise-for-the-prevention-of-musculoskeletal-disorders/msd-prevention-guideline-workshop</u>.

When and where is it to be held?

The workshop is scheduled for June 19th 9am-4pm at the Centre for Health & Safety Innovation, 5110 Creekbank Road, Mississauga, Ontario

What is the Agenda?

We anticipate that the conference will begin with an overview of the project and a description of the progress made to date. We have identified multiple issues that would benefit from stakeholder input and plan to move to breakout sessions to consider these issues in more depth. Break out sessions may be by stakeholder groups or by issue. Breakout sessions will be set up after lunch. We will all come back together to summarize the discussions on each of the issues.

Is there any follow-up?

A report on the day will be prepared and sent to attendees, and others who could not attend. We will welcome feedback on the report. We plan to follow-up with webinars in August and November 2017 and February 2018. A special CRE-MSD conference will be held in October 2018.

More information or Questions?

Please contact Betina Butler at <u>bbutler@uwaterloo.ca</u> or Amin Yazdani <u>ayazdani@uwaterloo.ca</u>

 $\frac{https://uwaterloo.ca/centre-of-research-expertise-for-the-prevention-of-musculoskeletal-disorders/development-new-msd-prevention-guide-ontario$