

# ▶ WORKPLACE TRAINING PROGRAMS

**We know our training works. More important, so do others.** As Ontario's government-designated occupational health and safety training centre we have trained hundreds of thousands of workers, supervisors, joint health and safety committees, worker health and safety representatives, and other workplace parties over the past three decades. With more than 200 ready to deliver training programs we are well positioned to help your workplace comply with the many training requirements mandated by health and safety law. Much of the training we offer can also be used for general workforce training and as part of your overall workplace health and safety program. Many WHSC programs are scheduled to run at various times throughout the year in virtual classrooms. Some are also scheduled in in-person classrooms in a community near you. Or we can work with you to organize the delivery of one or more training programs on your schedule and/or in your workplace or training venue.

Listed below are titles of workplace training essentials. For more information, program descriptions and schedules visit our website, [www.whsc.on.ca](http://www.whsc.on.ca) or call our toll-free line from anywhere in Ontario, **1-888-869-7950**, and ask to speak to a training services representative.

## Joint Health & Safety Committee Training

Certification Part I [3 or 4 days]  
 Certification Part II Programs [2-7 days]  
 Certification Refresher [6.5 hours]  
 Documenting Health and Safety [3 hours]\*  
 Federal Committees and Representatives [12 hours]  
 Hazard Prevention Program (Federal) [3 hours]  
 Occupational Hygiene Monitoring [6 hours]  
 Workplace Inspections [3 hours]  
 Workplace Investigations [3 hours]

## Awareness, Operator & Other Training

C-45 The Westray Bill [3 hours]  
 Chainsaw Operator [6 hours]  
 Confined Spaces Entry and Hazard Recognition [6 hours]  
 Confined Space Entry in Construction [6 hours]  
 Construction and Industrial Forklift Operator [9 hours]

Construction Health and Safety Awareness [6 hours]  
 Construction Rigging and Hoisting - Essentials [14.5 hours]  
 Construction Rigging and Hoisting - Fundamentals [7.5 hours]  
 Ergonomic Toolbox [3 hours]\*  
 Ergonomics: Applying Prevention Principles at Work [6 hours]  
 Ergonomics in Health Care and Social Services [3 hours]  
 Ergonomics: Basic Principles [6 hours]  
 Fall Protection - Industrial [4 hours]  
 Fire Watch [6 hours]  
 Forklift Operator [8 hours]  
 Globally Harmonized WHMIS [2-3 hours]\*  
 Industrial Cranes - Rigging and Hoisting [6 hours]  
 Industrial Cranes - Rigging and Hoisting Refresher [3 hours]  
 Job Task Analysis [3 hours]  
 Lockout (Manufacturing) [6 hours]

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- Mini Excavator Operator [8 hours]
- Mobile Elevating Work Platform Operator [8 hours]
- Mobile Elevating Work Platform Operator – Refresher [4 hours]
- Non-fit-Tested Respirators - Virtual [3 hours]
- Ontario Health and Safety Law [3 hours]
- Propane for CH-02 ROT [6 hours]
- Propane Handling, Storage and Use [6 hours]
- Rough Terrain Forklift Operator [8 hours]
- Rough Terrain Operator Mid-Term Evaluation [1 hour]
- Skid Steer & Mini Excavator Operator [9 hours]
- Skid Steer and Mini Excavator Operator Refresher [6 hours]

- Skid Steer Operator [8 hours]
- Supervisor Health & Safety Awareness [3 hours]
- Supervisor Health and Safety Training [6 hours]
- Suspended Access Equipment Installer and Operator [12 hours]
- Suspended Access Equipment Operator [7.5 hours]
- Traffic Control [6 hours]
- Transportation of Dangerous Goods [3 hours]
- Transportation of Dangerous Goods by Road [6 hours]
- Worker Health and Safety Awareness [2 or 3 hours]
- Worker H&S Representatives - Smaller Workplaces [12 hours]
- Working at Heights [6.5 hours]\*
- Working at Heights Refresher [4.5 hours] \*

### Hazard Awareness Training

Individual hazard awareness programs are delivered over a three-hour session. When bundled, three separate programs can be delivered during a one-day session. Each program is designed to satisfy the Certification Part II training requirement. Each is also suitable for general workforce training.

- Asbestos
- Biological Hazards
- Chemical Hazards
- Compressed Gas
- Confined Spaces
- Conveyor Systems
- Critical Incident and Post Traumatic Stress
- Electrical Hazards
- Elevating Devices
- Emergencies and Pandemics
- Ergonomics in Health Care and Social Services
- Fire and Explosion
- Flammables and Combustibles
- Forklift Trucks
- Hand Tools

- Heat and Cold Stress
- Heavy Mobile Equipment
- Hours of Work
- Indoor Air
- Infectious Diseases
- Lockdown: A Crisis Response
- Lockout
- Manual Material Handling
- Mould
- Moving Machine Parts
- MSDs and Ergonomics
- Multiple Chemical Sensitivity
- Noise
- Office Biohazards: Viruses, Moulds and Bacteria
- Office Work Environment
- Patient Handling

- Personal Protective Equipment
- Physical Hazards
- Propane
- Psychosocial Hazards and Workplace Mental Health
- Roadway Work
- Safety Hazards
- Stress in the Workplace
- Transportation of Dangerous Goods
- Vehicle Driving Hazards
- Walking and Working Surfaces
- Water and Ice Rescue
- Welding Hazards
- Work Organization
- Working at Heights Awareness \*
- Workplace Violence and Harassment

\* Participant materials are available in French for programs marked with an asterisk. Upon request, any of our training programs are available for delivery by a French-speaking, WHSC-qualified instructor.

