

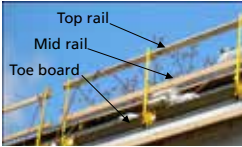
## HIERARCHY OF CONTROLS

### Control at the source—most effective



- Eliminate fall hazard
- cover floor openings
  - working from ground level

### Control along the path



- Blocks fall hazard
- guardrails
  - barriers
  - travel restraint

### Control at the worker—least effective



- Stops impact
- fall restricting
  - fall arrest
  - safety net

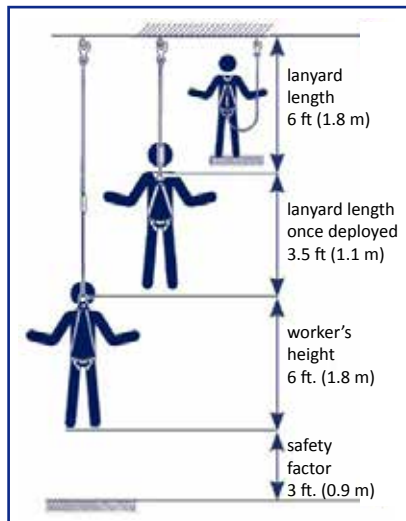
Every attempt must be made to install guardrails before using PPE.

## EQUIPMENT INSPECTION CHECKLIST

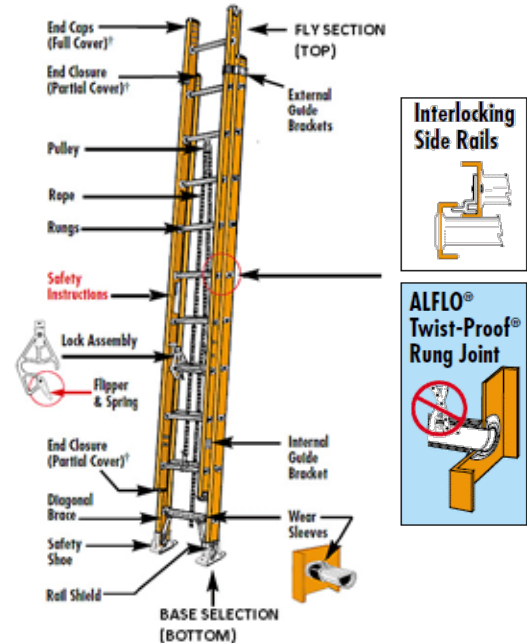
Check harness, lanyard, lifeline and anchor for	Checked
Manufactured Date	
CSA/ANSI compliance	
Capacity	
Correct size	
Has not been in a fall	
Excessive dirt, grease, oil	
Discolouration	
Abrasions, breaks, cuts	
Broken or loose stitches	
Burns	
Fraying	
Bent	
Loose fittings	
Malfunctioning parts	

## CALCULATING FALL CLEARANCE

Fall clearance is the distance needed between the anchor point and the ground below (or object) to ensure a falling worker does not hit anything. Fall clearance varies depending on a worker's height and length of lanyard. By moving the anchor point higher a worker may be able to create the needed distance.



## INSPECTION OF LADDERS



**Note:** wooden ladders must not be painted.