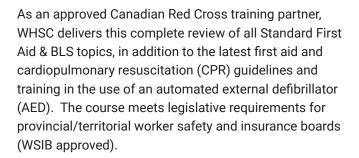




RECERTIFICATION

The Standard First Aid BLS recertification course provides a duty to respond professionals with a comprehensive review of life-saving skills and knowledge to effectively manage first aid, cardiovascular emergencies and choking incidents involving adults, children, and infants in a team environment. Professionals include nursing staff, care aides, medical and dental workers, pre-hospital care providers, and professionals in fire service, rescue teams, sports-medicine, lifeguards and ski patrol. Remaster how to accurately assess a person's condition and how to safely intervene in an emergency.



DURATION	9 hours			
DELIVERY METHOD	In-class, instructor-led			
PREREQUISITES	 Current and valid Standard First Aid & BLS certification (must not be expired and less than 3 years old) from the Canadian Red Cross Must not be a recertification, Standard First Aid can only be recertified once. 			
CERTIFICATION	 1-year recertification in Basic Life Support 3-year recertification in Standard First Aid & CPR/AED Level C 			
PARTICIPANT MATERIALS	 Canadian Red Cross Comprehensive Guide to First Aid (digital copy) Basic Life Support Field Guide (digital copy) 			



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- ▶ Attend and participate in 100% of the
- Successfully demonstrate skills and critical steps
- ▶ Min 75% on written knowledge evaluation

KEY LEARNING OBJECTIVES

- Responding to emergencies
- ► Emergency Medical System (EMS 9-1-1)
- ► Check, call, care
- Recovery position
- Choking for adults, children, and infants
- Assisting with medications
- Managing angina, heart attacks, and stroke/transient ischemic attack (TIA)
- CPR and AED application for adults. children, and infants (includes BLS skills/ assisted ventilation)
- Responding to deadly bleeding
- Circulation emergencies
- Breathing emergencies (anaphylactic shock and asthma)
- Wound care
- ► Head and spine injuries
- ▶ Bone, muscle and joint injuries
- Sudden medical emergencies
- ► Environmental emergencies
- ▶ Poisons (including opioid poisoning)

Includes any other content required by specific legislation.











